

2nd Year Newsletter

2017/2018



September

Dear Parent(s)/Guardian(s),

I would like to bring a number of important items to your attention as your son begins his second year of secondary school here in Coláiste Éamonn Rís.

School Journal

1. The homework journal is a very important communication vehicle between you as parents and your son's teachers. Please ensure that your son has his homework noted in his diary on a daily basis. This diary should be checked every evening for notes etc. from his teachers. **Each second year is expected to do at least two and a half hours at homework and study every evening, with some additional time over the weekend.** You are expected to sign the diary on a weekly basis. The journal also contains an Individual Merit/Reward Chart. This will be used by teachers to affirm and reward positive behaviour. I would encourage parents to monitor their son's progress in the chart and perhaps use it to build in home based rewards for your son on reaching agreed targets.

School Contacts

It is very important that your son settles into the new school year quickly. If you have any concerns regarding his progress, please contact the school. Each second year class has a Class Tutor. The second year year group also has a Year Head. You should address your concerns initially to the Subject Teacher, Class Tutor or Year Head. However, if your concerns are of a more serious nature, please feel free to make an appointment to meet the Deputy Principal or Principal.

Second Year Year Head: **Mrs Barry**

Class Tutors: Brennan: **Mr F. Davey**
Connolly: **Ms. M. Davey**
MacDonagh: **Mr. P. Gannon**
Pearse : **Mr. R. Berry**

Uniform

2. Please ensure that your son comes to school in full uniform every day, unless you are informed otherwise. You will be informed by text in the event of a 'no uniform day'. School jackets are an integral part of the uniform. If your son has lost his jacket he needs to replace it. Non uniform jackets, hoodies etc. will be confiscated.

Personal Property

3. Please also ensure that all property belonging to your son has his name on it as a lot of time and energy is wasted trying to unite lost property with owners.

Personal Contacts

4. If you change your mobile number, please let us know as you will not be in a position to receive texts from the school. A text message will be sent home in the event of your son not presenting for morning and or afternoon classes. **If you are aware that your son is absent, write a note explaining the reason in his diary which should be presented to all his teachers on his return to school.** If he is absent without your permission, please let us know as soon as possible.

Mobile Phones

5. Students are not allowed use phones during class and should have them switched off. Those breaking this rule will have their phones confiscated. They will be returned to the student or parent at the principal's discretion.

Facial Jewellery

6. Please also note that facial jewellery is prohibited and will be confiscated.

Extra-Curricular Activities

7. Each class group has been assigned a classroom for lunch. There is a wide range of extracurricular activities on offer in the school. Cycling, swimming, public speaking, Gaelic football, rugby, hurling, golf, soccer, table tennis and basketball are available so I would encourage your son to get involved in one or more of these activities.

Nut Allergy

8. I would also like to draw your attention to the fact that a number of our students have severe nut allergies. Students should not bring nuts, peanuts, peanut butter sandwiches, nut bars etc. to school. It would be helpful if you had a discussion with your son on the issue and to further impress on him the importance of vigilance on this issue.

Lockers

9. Lockers have been distributed by the Parents' Council. Any second year who wishes to rent a locker should contact the school caretaker if they haven't already got a locker.

Literacy Campaign

10. As part of our literacy campaign, I would like you to encourage your son to read. Your encouragement and example in this regard continue to be vitally important in maintaining or improving your son's literacy standard. Our 'Drop Everything and Read' and 'Book in the Bag' literacy initiatives continue this year so please make sure that your son has a novel in his bag coming to school.

School Fees

11. Many thanks to all those who have paid the lending scheme/ printing fees and the voluntary contribution. If you haven't already done so, please do so if possible.

Attendance

12. **Full attendance at school is vital if your son's learning is to progress and he is to reach his potential. Family holidays etc. should be scheduled outside of the school calendar if at all possible.**

Child Protection

13. Child Protection: Any concerns on child protection or child welfare issues relating to any of our students should be reported to the Designated Liaison Person (Mr. McMahon) or in his absence the Deputy Designated Liaison Person (Mr. Hegarty).

Parents' Council

14. The Parents' Council would like to encourage parents to become involved with the Council and new members are welcome. The Parents' Council AGM is scheduled for **Tuesday 26th September @ 7.30pm** in R.12.

School Mass

15. The school celebrated the beginning of the new school year with Mass in Bride Street church on **Tuesday 26th September @12.10pm**. The Mass was celebrated by Fr. James Cullen, our school chaplain.

Parent/Teacher Meeting

16. Please note that the **Second Year Parent/Teacher meeting is scheduled for Thursday 18th January 2018.**

Website

17. Visit www.wexfordcbs.ie for updates on happenings in the school. You can also visit www.bokerboys.blogspot.com for latest news.

Career Guidance

18. Should parents have any queries regarding career, subject choice or other concerns regarding their son they may contact Ms. Barnwell directly at cbswexgc@gmail.com.

Staying on School Premises

19. As you are aware, third year students are not allowed to leave the school premises during the school day unless signed out and collected by a parent/guardian or accompanied by a teacher

Supervised Study

20. Supervised study for the first term is now underway each school evening from 4.15pm-6.15pm. Places are still available. Contact Mr. Howlin if you have any queries regarding this service. Those attending Supervised Study have their journals stamped each evening.

Gaeltacht Scholarships

21. The Board of Management in conjunction with the Parents' Council will be offering a number of Gaeltacht scholarships again this year for Second Year students. Please encourage your son to apply. If you are considering sending your son to the Gaeltacht next summer, please contact the school to avail of a discounted rate. Further information from Mr. McMahon.

Guidance & Counselling Information Leaflet – 2017/2018

”A successful person begins with two beliefs: the future can be better than the present, and I have the power to make it so”



Colaiste Eamonn Ris



Wexford CBS

HOW CAN A STUDENT CONTACT THE SCHOOL GUIDANCE COUNSELLOR?

- Self-referral by student
- Teacher, Administrator, or staff referral
- Parent referral
- Counsellor observation
- Outside agency referral

Students can make an appointment through the following methods;

- Contact Ms. Barnwell directly at her office (located between the woodwork and technical graphics rooms). Simply knock on the door and request an appointment.
- If you cannot find the time to call down to the office, you can email Ms. Barnwell (all emails are strictly private) at the following address to request an appointment; cbswexgc@gmail.com
- Alternatively, you may ask a teacher that you trust or your class person to make an appointment on your behalf.
- Finally, a parent can email to the above address on your behalf to request an appointment.

Appointments last for a full class period generally. You need permission from your teacher prior to attending for your appointment. A slip with the date and time of the meeting will be provided for you.

Guidance at this school is made up of 3 main areas:

1. **Educational:** Study Skills, subject choice etc.
2. **Vocational:** CAO, PLCs, Career options, College information & Open Days etc.
3. **Personal:** Issues re: Home, Health, School, Relationships etc.

School Counsellors provide a wide-range of services, based on individual student and school needs, interests and grade levels. Services may include, but are not limited to: -

- Mental, emotional, social, developmental and behavioural services for students & families.
- Teaching classroom guidance lessons to students – Particularly at senior level.
- Counselling students individually and/or in groups on a wide range of issues.
- Assisting students in crisis situations.
- Helping to identify individual student needs.
- Referring students and /or parents to services and agencies outside the school if necessary.
- Collaborating and coordinating with outside referral agencies.
- Participating in Team Meetings and School Planning.
- Linking students with school & community resources.
- Academic guidance & support services, including organizational, study and test-taking skills.
- Advising students on individual, school, college and career plans.
- Coordinating with colleges and universities to provide information to students.
- School crisis intervention & response services in times of tragedy.

YOU SHOULD SEE YOUR SCHOOL GUIDANCE COUNSELLOR IF YOU HAVE CONCERNS ABOUT ANY OF THE FOLLOWING ISSUES - EITHER FOR YOURSELF OR FOR A FRIEND.....

Alcohol / Drug Issues • Anger Issues • Anxiety / Panic attacks/ stress • Abuse • Bullying • Threats • Depression • Suicidal Thoughts/Thoughts of self-harm • Dating • Family Relationships or problems • Friendships • Intimate relationships • Bereavement / Grief • Peer Pressure • Personal Crisis • Personal Health Issues • Sexuality • Problem-solving • Pregnancy • Eating disorders • Body image • Resolving conflicts • Homework / Schoolwork / Studying issues • Tutoring • Subject selections • Career choices • Apprenticeship programmes • Bursaries / scholarships / student loans • Requirements for third level education • Money management • Universities/Colleges available after school • Finding a job/CVs/Interview Techniques

Useful Telephone Numbers:

Teenline Ireland (Listening support for teens) – Free Phone – 1800 833 634

The Samaritans (Emotional Support for those in Distress/Despair) – Phone: 1850 60 90 90

1 Life (Suicide Prevention Service) – Phone: 1800 247 100 – Text – HELP to 51444

BeLonG To (Service for LGBT young people) - Phone: 01 670 6223

www.spunout.ie – Useful Website for a range of health info. For young people – Including mental health.

Best wishes to you, your family and your son for the forthcoming academic year.

Michael McMahon (Principal)

